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BY CHUCK LAST UPDATED: 26/12/2018

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The **Boeing 757** is a mid-size, narrow-body twin-engine jet airliner that was designed and built by Boeing Commercial Airplanes. It is the manufacturer's largest single-aisle passenger aircraft and was produced from 1981 to 2004. The twinjet has a two-crew member glass cockpit, turbofan engines of sufficient power to allow takeoffs from relatively short runways and higher altitudes, a conventional tail and, for reduced aerodynamic drag, a supercritical wing design. Intended to replace the smaller three-engine 727 on short and medium routes, the 757 can carry 200 to 295 passengers for a maximum of 3,150 to 4,100 nautical miles (5,830 to 7,590 km), depending on variant. The 757 was designed concurrently with a wide-body twinjet, the 767, and, owing to shared features, pilots can obtain a common type rating that allows them to operate both aircraft.

In the early 1970s, following the launch of the wide-body 747, Boeing began considering further developments of its narrow-body 727 trijet. Designed for short and medium length routes, the three-engined 727 was the best-selling commercial jetliner of the 1960s and a mainstay of the U.S. domestic airline market. Studies focused on improving the 189-seat 727-200, the most successful 727 variant. Two approaches were considered: a stretched 727-300, and an all-new aircraft code-named 7N7. The former was a cheaper derivative using the 727's existing technology and tail-mounted engine configuration, while the latter was a twin-engine aircraft which made use of new materials and improvements to propulsion technology which had become available in the civil aerospace industry.

As development progressed, the 757 increasingly departed from its 727 origins and adopted elements from the 767, which was several months ahead in development. To reduce risk and cost, Boeing combined design work on both twinjets, resulting in shared features such as interior fittings and handling characteristics. Computer-aided design, first applied on the 767, was used for over one-third of the 757's design drawings. In early 1979, a common twocrew member glass cockpit was adopted for the two aircraft, including shared instrumentation, avionics, and flight management systems.

Boeing built a final assembly line in Washington at its Renton factory, home of 707, 727, and 737 production, to produce the 757. Early in the development program, Boeing, British Airways, and Rolls-Royce unsuccessfully lobbied the British aircraft industry to manufacture 757 wings. Ultimately, about half of the aircraft's components, including the wings, nose section, and empennage, were produced in-house at Boeing facilities, and the remainder subcontracted to primarily U.S.-based companies. Fairchild Aircraft made the leading edge slats, Grumman supplied the flaps, and Rockwell International produced the main fuselage. Production ramp-up for the new narrow-body airliner coincided with the winding-down of the 727 program, and final assembly of the first aircraft began in January 1981.



PART 1 – INTRODUCTION
757-200

Eastern Air Lines operated the first commercial 757 flight on January 1, 1983, on the Atlanta-to-Tampa route. On February 9, 1983, British Airways began using the aircraft for London-to-Belfast shuttle services, where it replaced Hawker Siddeley Trident 3B trijets. Charter carriers Monarch Airlines and Air Europe also began 757 operations later that year. Early operators noted improved reliability and quieter performance compared with previous jetliners. Eastern Air Lines, the first 727 operator to take delivery of 757s, confirmed that the aircraft had greater payload capability than its predecessor, along with lower operating costs through improved fuel burn and the use of a two-crew member flight deck. Compared with the 707 and 727, the new twinjet consumed 42 and 40 percent less fuel per seat, respectively, on typical medium-haul flights.

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The 757-200 is the original version of the aircraft. The type was produced with two different door configurations, both with three standard cabin doors per side: the baseline version has a fourth, smaller cabin door on each side aft of the wings, and is certified for a maximum capacity of 239, while the alternate version has a pair of over-the-wing emergency exits on each side, and can seat a maximum of 224. The 757-200 was offered with a MTOW of up to 255,000 pounds (116,000 kg); some airlines and publications have referred to higher gross weight versions with ETOPS certification as "757-200ERs", but this designation is not used by the manufacturer. Similarly, versions with winglets are sometimes called "757-200W" or "757-200WL".The first engine to power the 757-200, the Rolls-Royce RB211-535C, was succeeded by the upgraded RB211-535E4 in October 1984. Other engines used include the RB211-535E4B, along with the Pratt & Whitney PW2037 and PW2040.

The wings are largely identical across all 757 variants, swept at 25 degrees, and optimized for a cruising speed of Mach 0.8 (533 mph or 858 km/h). The reduced wing sweep eliminates the need for inboard ailerons, yet incurs little drag penalty on short and medium length routes, during which most of the flight is spent climbing or descending. The airframe further incorporates carbon-fiber reinforced plastic wing surfaces, Kevlar fairings and access panels, plus improved aluminum alloys, which together reduce overall weight by 2,100 pounds (950 kg). The landing gear was purposely designed to be taller than the company's previous narrow-body aircraft in order to provide ground clearance for stretched models. Fun fact: in 1982, the 757-200 became the first subsonic jetliner to offer carbon brakes as a factory option, supplied by Dunlop.



In the late 1980s, increasing airline hub congestion and the onset of U.S. airport noise regulations fueled a turnaround in 757 sales. From 1988 to 1989, airlines placed 322 orders, including a combined 160 orders from American Airlines and United Airlines. By this time, the 757 had become commonplace on short-haul domestic flights and transcontinental services in the U.S., and had replaced aging 707s, 727s, Douglas DC-8s, and McDonnell Douglas DC-9s. The 757-200's maximum range of 3,900 nautical miles (7,220 km), which was over one-and-a-half times the 727's, allowed airlines to use the aircraft on longer nonstop routes.

Although designed for short and medium length routes, the 757-200 has since been used in a variety of roles ranging from high-frequency shuttle services to transatlantic routes. In 1992, after gaining ETOPS approval, American Trans Air launched 757-200 transpacific services between Tucson and Honolulu. Since the turn of the century, mainline U.S. carriers have increasingly deployed the type on transatlantic routes to Europe, and particularly to smaller cities where passenger volumes are insufficient for wide-body aircraft. Production for the 757-200 totaled 913 aircraft, making the type by far the most popular 757 model.

Flight Factor, StepToSky and VMAX modelled the 757 to an impressive extent. Different engine variants with different avionic options are available from their custom EFB (Electronic Flight Bag). Flight Factor also put an emphasis on other aspects of the aircraft that are often neglected by developers such as requiring doors to be open and stairs to be installed to load/unload passengers, a center of gravity optimization function, custom checklists (normal, amplified and abnormal procedures), audio PA (Passenger Address) announcements, and much more. All these little things add a lot to the immersion and I have to say... flying their 757 feels like a complete and gratifying experience.



TUTORIAL STRUCTURE

Before you even step foot in your virtual cockpit, you need to know where you are, where you are going, how you will get there, what you need to get there. This document is structured like a short tutorial flight.

The flight tutorial is structured as follows:

- Familiarize yourself with the cockpit layout
- Plan your flight
 - Determine the flight route, fuel & cargo loads
 - Spawn the aircraft and set it in a Cold & Dark state
 - Provide aircraft with power
 - Program the FMC (Flight Management Computer)
- Start–up the aircraft and make it ready for flight
- Тахі
- Takeoff
- Climb and cruise
- Explore autopilot capabilities
- Descend, approach and land



BEST RESOURCES

Flight Factor 757 FCOM (Flight Crew Operations Manual)

Boeing 757-767 Study Guide, 2018 Edition by Rick Townsend

Boeing 757-767 – CiteSeerX Study Guide http://citeseerx.ist.psu.edu/viewdoc/download?doi=10.1.1.698.871&rep=rep1&type=pdf

B767 Flightdeck and Avionics (mostly applicable to 757) https://www.scribd.com/doc/110643380/B767-Flightdeck-and-Avionics

767-300ER Flight Deck (Jerome Meriweather) (mostly applicable to 757) http://meriweather.com/flightdeck/767/767-fd.html

Boeing 757-300 CBT (Computer-Based Training) https://www.youtube.com/playlist?list=PLpNS2WzxM5y32A-ywMTuGBRhNPq5wWaf8

B757 check list (Full Run KDTW to KORD) by Oltcit Room (Youtube) https://youtu.be/ EQ4U-mtltw

Flight Factor Boeing 757 v2 Tutorial Flight by Q8Pilot (Youtube) https://youtu.be/HHNb0FQOY5I

FlightFactor 757 v2 Pilotedge KDEN to KSGU by Jon Fly (Youtube) https://youtu.be/CHpvtQY6dNw









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$(GENERAL) \bigtriangledown OPERATIONS \bigtriangledown OPTIONS \bigtriangledown FAILURES \bigtriangledown IN-FLIGHT$			
O high press unit O stairs O chocks O LSU	O GPU O fuel truck O gate config O waste unit	O passenger bus O de-ice truck O ACU O loader unit	PUSH BACK PULL FORWARD SAVE CONFIG LOAD CONFIG
pax number 50 cargo weight bs 600 fuel weight bs 300		>/	OPTIMIZE CG
ZFW lbs 14737 GW lbs 14737 CG %MAC 25	4 4 plane is loaded		
RETOUCH LOAD			LOAD CUSTOM

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EFB (Electronic Flight Bag)

In real life, an electronic flight bag is an electronic information management device that helps flight crews perform flight management tasks more easily and efficiently with less paper. It is a general purpose computing platform intended to reduce, or replace, paper-based reference material often found in the pilot's carry-on flight bag, including the aircraft operating manual, flight-crew operating manual, and navigational charts (including moving map for air and ground operations). In addition, the EFB can host purpose-built software applications to automate other functions normally conducted by hand, such as performance take-off calculations.

In the simulation world, an electronic flight bag is used as a user interface to change fuel loadout, cargo setup, interact with ground crews (like using ground power units, fuel trucks, de-icing trucks, pushback, etc.), consult checklists, and set different simulation options.

To use an EFB, just click on the tablet in the cockpit and the EFB overlay will appear.





(Left/Right Air Data Computer provides

Navigation Display)

information to Primary Flight Display and

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source for the Captain's ADI and HSI. For right switch, selects right

(First Officer Side) sources.





COCKPIT ART







PART 2 – COCKPIT LAYOUT







Cancel Switch

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Removes existing caution and advisory messages from the EICAS display.



Recall Switch

Causes EICAS to display any caution and advisory messages that were removed with the CANCEL switch if the associated fault still exists.

EICAS (Engine Indicating & Crew Alerting System) Cautions & Annunciators

- WINDSHEAR: Wind shear conditions detected
- **SPEED BRAKES**: Speed brake lever is aft of the ARMED position and airplane is below 800 ft radio altitude and above 15 ft, or lever is aft of the ARMED position and landing flaps are extended above 15 ft radio altitude.
- ALT ALERT: Indicates 300 ft deviation from MCP (Mode Control Panel) altitude.
- A/T DISC: Auto-throttle is disconnected
- FIRE: APU (Auxiliary Power Unit), Wheel Well or Cargo Fire is detected.
- **PULL UP**: Excessive terrain close rate with gear and flaps not in landing configuration, or excessive sink rate in any configuration.
- CABIN ALT: Cabin altitude is above 10,000 ft
- AUTO PILOT: At least one engaged autopilot channel is operating in a degraded mode.
- FMC: FMS (Flight Management System) is displaying a message on the MCDUs (Multipurpose Control Display Unit).
- **CONFIG**: When on ground, indicates either throttle is near takeoff thrust with the associated engine running and a configuration error exists. When in flight, indicates gear is not down below 800 ft with throttle at IDLE, or gear not down with flaps in landing range.
- A/P DISC: Autopilot has disengaged.

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- **OVSPD**: Aircraft has exceeded V_{MO} / M_{MO} (Maximum Operating Speed / Mach)
- GND PROX: Indicates one or more of the GPWS (Ground Proximity Warning System) mode warnings or cautions have been activated.
- **G/S INHB (Switch)**: Inhibits or cancels the below glide slope aural advisory and turns off the GND PROX light when pushed below 1000 ft radio altitude.

RETRACT



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PART 2 – COCKPIT LAYOUT

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AUTO

DR/DM

EICAS Brightness Knob

• Inner knob: upper CRT (Cathode Ray Tube) display brightness

SPU

STATUS

• Outer knob: lower CRT (Cathode Ray Tube) display brightness

EICAS Computer Selector

- L or R selects associated EICAS computer for operation.
- AUTO selects left EICAS computer for operation and right for backup.

EICAS Engine Display Button Displays secondary engine data on lower CRT (Cathode Ray Tube) Display

AUTO BRAKES

FGT

DISARM

EICAS Status Display Button Displays status data on lower CRT (Cathode Ray Tube) Display

EICAS Thrust Reference Set

- Inner knob: establishes manual control of reference EPR (Engine Pressure Ratio) for engines selected on outer knob. When pulled, causes thrust mode indicator to display MAN and reference EPR indicator to indicate 1.55 EPR. Rotating after pulling sets desired EPR.
- Outer knob: selects either Left, Right or Both engines for manual EPR control by inner knob.

EICAS Max Ind Reset Button Resets overtemperature and displays. Associated data is stored in computer memory.

Event Record Button

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Records in computer memory system data as of time pushed in flight. If pushed more than once, erases previous data and reports new data.

PART 2 – COCKPIT LAYOUT

ENGINE TYPES INSTALLED ON THE 757-200

PRATT & WHITNEY PW2037 ENGINE

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ROLLS-ROYCE RB211-535E4 ENGINE





PRATT & WHITNEY PW2037 ENGINE







Note:

The PW2037 is a two-spool turbofan engine, while the RB211 engine is a three-spool engine. This is why there is an additional "N3" indication on the Rolls-Royce engine page. We will further elaborate what N1, N2 and N3 mean in the Engine Start Procedure section.

Heading Reference Switch NORM / TRUE heading

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Thrust Mode Select Buttons

Selects the thrust mode to be used by the thrust management computer for reference EPR computation.

HDG

- TO/GA: Selects TO (Takeoff) mode on the ground or GA (Go-Around) mode in flight.
- CLB: Selects CLB (Climb) mode
- CRZ: Selects CRZ (Cruise) mode
- CON: Selects CON (Max Continuous) mode

Leading Edge Light

One or more leading edge flaps failed to reach position called for by the flap handle

Trailing Edge Light

One or more trailing edge flaps failed to reach position called for by the flap handle

Flaps Position Indicator (deg)

Also indicates flap deployment speed limits

- 250 kts for flaps 1
- 230 kts for flaps 5
- 210 kts for flaps 15
- 210 kts for flaps 20
- 180 kts for flaps 25
- 170 kts for flaps 30

ALTN (Alternate) Flaps Selector

Norm: Normal

UP through 30: extends or retracts flaps and/or slats to the selected position using the alternate electric drive system when associated leading edge or trailing edge arming switches are in ALTN.



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FLCH

SPD

Leading Edge (LE) Switch

Arms associated Leading Edge electric drive system to extend or retract flaps or slats to position selected on ALTN FLAPS selector.








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PART 2 – COCKPIT LAYOUT

EFB (Electronic Flight Bag) Click on EFB to use it







- A FMS is a specialized computer system that automates a wide variety of in-flight tasks, reducing the workload on the flight crew to the point that modern • Z civilian aircraft no longer carry flight engineers or navigators. A primary function is in-flight management of the flight plan.
 - The FMS is controlled through the MCDU physical interface. ٠
 - The FMS sends the flight plan for display to the Electronic Flight Instrument System (EFIS), Navigation Display (ND), or Multifunction Display (MFD).

AYOUT COCKPIT N PART

Autothrottle Disengage Switch

NARANA N

Thrust Reverser Lever

A LULIN

Speed Brake Lever *FWD: DOWN (RETRACTED) AFT: UP (DEPLOYED)*

NITITI I

Throttles

GA (Go Around) Switch

In the 737, 747 and 777, the TOGA switch is used for takeoff and go-around during landing. However, in the 767 and 757, the GA switch is not used for takeoff. For takeoff, you would use the THR button on the MCP (Mode Control Panel)

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Alternate Pitch Trim Control

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Right Stabilizer Hydraulic Pressure Cutout Switch

Center Stabilizer Hydraulic Pressure Cutout Switch



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"TOGGLE THRUST REVERSERS" binding. This will then link your throttle axis to the thrust reverser lever axis. Moving your throttle forward will then move the thrust reverser lever AFT, engaging internal clam-shell thrust reversers to MAX REV. To disengage thrust reversers, set your throttle back to IDLE and press the "TOGGLE THRUST REVERSERS" binding again. This will set your throttle axis back to the way it was.

Take note that the Reverse Thrust lever can only be engaged if your throttle is at IDLE. The reason for that is a mechanical stopper that prevents you from engaging thrust reversers at high throttle settings.



5 Trigger Full Pull: Do nothing.



AYOUT COCKPIT N PART

ADI (Attitude Director Indicator) Brightness Control Knob

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Decision Height (DH) Reference Indicator

Decision Height (DH) Reset Button

Decision Height (DH) Knob

Navigation Display (ND) Display Range Selector (nautical miles) Outer knob: sets range in nm TFC (Push): Displays TCAS (Traffic Collision and Avoidance System) info

> Parking Brake Light Illuminated: Engaged

Parking Brake Lever *Pulled: Engaged Down: Disengaged* Navigation Display MAP button WXR: Weather Radar

Navigation Display (ND) Mode Selector

APP (Rotate): displays localizer and glideslope information VOR (Rotate): displays VOR navigation information MAP (Rotate): displays FMC generated route and MAP information PLAN (Rotate): displays a non-moving, true north up, route depiction CTR (Push): Displays full compass rose (center) for APP, VOR & MAP modes

Navigation Display MAP buttons NAV AID: displays all FMC data base navigation aids ARPT: displays airports in FMC data base DATA: displays altitude constraint and estimated time of arrival for each active route waypoint WPT: displays waypoints in FMC data base

Stabilizer Position Indicator (degrees)



PART 2 – COCKPIT LAYOUT

Solo

WX WX/TURB

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PART 2 – COCKPIT LAYOUT LAYOUT

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PART 2 – COCKPIT LAYOUT

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757-200 } PART 2 – COCKPIT LAYOUT TEST CONSIGN RNR SS AIR DATA 0 LDG AVINCS YAW DMPR EGGUE OF PUCT ANTI ICE 0 INOP WINPOW/T . TEST REC ERASE HEADSET AND SMOKE GOGGLES .

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- Wing Lights: used to check wing at night (i.e. verify if there is ice accumulation on the wing)
- Logo Light: used to illuminate the airline's logo painted on the tail





Navigation/Position (Red) Light

Right Runway Turnoff Light Cone

Nose Gear Taxi Light Cone

Left Runway Turnoff Light Cone



In real life, you cannot just fly a 757 wherever and whenever you please. Just like on land, the sky is littered with an intricate network of waypoints and aerial highways. Therefore, it is necessary to plan your flight route and to determine how much fuel you will need to carry in order to reach your destination.

In order to do this, we will use a tool called "Online Flight Planner" available here: <u>http://onlineflightplanner.org/</u>

There are a number of fuel planners available online. These estimates may or may not be very accurate. There are specific charts created by Boeing to come up with accurate fuel estimates which are unfortunately not available to the public. Therefore, for the sake of simplicity we will just use a rule of thumb that's good enough for the purpose of this tutorial.



Airways: EHAM SID GORLO UL980 LOGAN STAR EGLL

Provided by A RouteFinder

METAR:

Departure: EHAM 110225Z 33004KT 8000 NSC 12/11 Q1018 BECMG 7000 Destination: EGLL 110220Z AUTO 03005KT 360V070 9999 OVC009 14/12 Q1023 TEMPO BKN012

Provided by CheckWX API



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PLAN

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Today's flight will start from AMSTERDAM-SCHIPHOL (EHAM) and our destination will be LONDON-HEATHROW (EGLL).

Using the "Online Flight Planner" available here: http://onlineflightplanner.org/ we will enter the Departure airport (EHAM), the Destination airport (EGLL) and the AIRAC Cycle desired (we will use the AIRAC cycle 1702 as explained on the next page).

Click on CREATE PLAN to generate a flight plan.



	Desir	ed file formats	
.rte (Flight One ATR)	.txt	(FlightFactor A320)	.fgfp (FlightGear)
.flp (Airbus X)	.fltp	olan (iFly)	.fms (X-Plane)
.fms (X-Plane 11)	.km	l (Google Earth)	.mdr (Leonardo MD80)
🗸 .pdf	🗸 .pln	(FS 2004)	.pln (FS X)
.route (iFly 747 V2)	.rte	(PMDG)	.rte (Level-D)
.rte (QualityWings)	.xm	l (TFDi Design 717) (New)	.txt (JarDesign A320)
.ufmc (UFMC)	.fm	c (VasFMC)	
Swap departure and destination			Distance: 200.0 nm
Departure	EHAM	Country Code	
Destination	EGLL	Country Code	
AIRAC Cycle	1702 👻		
Altitude range (Min/Max)	FL240 👻	FL240 -	
Level	Deth	<u> </u>	

Choose an airport

Both Boeing 757-200 Boeing 757-2 Choose your fuel units: LBS in our case lbs **Use STARs** RNAV equipped TACAN routes VATs Click CREATE PLAN Create plan

Reset to defaults

Aircraft

Fuel unit

Use SIDs

Route

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In aviation, an **Aeronautical Information Publication** (or **AIP**) is defined by the International Civil Aviation Organization as a publication issued by or with the authority of a state and containing aeronautical information of a lasting character essential to air navigation. It is designed to be a manual containing thorough details of regulations, procedures and other information pertinent to flying aircraft in the particular country to which it relates. It is usually issued by or on behalf of the respective civil aviation administration. AIPs are kept up-to-date by regular revision on a fixed cycle. For operationally significant changes in information, the cycle known as the **AIRAC (Aeronautical Information Regulation And Control)** cycle is used: revisions are produced every 56 days (double AIRAC cycle) or every 28 days (single AIRAC cycle). These changes are received well in advance so that users of the aeronautical data can update their flight management systems (FMS). (Source: https://en.wikipedia.org/wiki/Aeronautical Information Publication)

In other words, some Youtube tutorials might show you flight routes with certain waypoints that got changed with more recent AIRAC updates. Some waypoints or even airports may not exist anymore. Therefore, you have two options:

- 1. Plan your flight using the default AIRAC cycle programmed in the FMC when it was first coded by Flight Factor during early February, 2017 (period <u>02</u>) 20<u>17</u> (AIRAC cycle <u>1702</u>), which is what we will do for this tutorial. This option is free and simple if you fly alone. However, if you fly with online ATCs in multiplayer that use the latest AIRAC database, you should go for the second option.
- 2. Plan your flight using the latest AIRAC cycle. You will need to update your AIRAC, SID and STAR database by using a paid subscription service called "Navigraph", which is available here https://www.navigraph.com/FmsDataManualInstall.aspx.

AIRAC effective dates (28-day cycle) [edit]

The current AIRAC cycle is 1605 (effective 28 Apr 2016).

																									15 10
#	2003	2004*	2005	2006	2007	2008*	2009	2010	2011	2012*	2013	2014	2015	2016*	2017	2018	2019	2020*	0						
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FUEL

For a flight of approx. 200 nm, fuel planning can be estimated with the following formula: Imperial Units Fuel for flight = (Number of 100 nm legs) x (3500 lbs) = 2 x 3500 lbs = 7000 lbs Reserve Fuel = 10000 lbs Total Fuel = Fuel for Flight + Reserve Fuel = 17000 lbs **Metric Units** Fuel for flight = (Number of 100 nm legs) x (1600 kg) = 2 x 1600 kg = 3200 kg Reserve Fuel = 4550 kg Total Fuel = Fuel for Flight + Reserve Fuel = 7750 kg

FLIGHT ROUTE

The flight route we will take is: EHAM SID GORLO UL980 LOGAN STAR EGLL

Write this route down.

But what does it all mean? Here is a breakdown of this route:

- Depart from Schiphol Airport (EHAM) •
- Follow the SID (Standard Instrument Departure) route from EHAM to GORLO
- Navigate to GORLO VOR
- Follow UL980 airway
- Navigate to LOGAN VOR •
- · Follow the STAR (Standard Terminal Arrival Route) from LOGAN to EGLL
- Land at Heathrow Airport (EGLL)

Amsterdam Airport Schiphol (EHAM) ⇒ London Heathrow Airport (EGLL)

ID	Frequency	Track	Distance (nm)	Coo	rdinates	Name/Remarks				
EHAM	-	0	0	N52°18'29.00"	E004°45'51.00"	AMSTERDAM/SCHIPHOL				
GORLO	-	249	63	N51°55'26.64"	E003°10'18.61"	GORLO				
REFSO	-	250	20	N51°48'34.44"	E002°40'00.87"	REFSO				
ULKOK	-	264	10	N51°47'43.62"	E002°24'40.76"	ULKOK				
XAMAN	-	264	7	N51°47'05.13"	E002°13'27.22"	XAMAN				
LOGAN	-	264	23	N51°44'51.00"	E001°36'43.00"	LOGAN				
EGLL	-	258	79	N51°28'39.00"	W000°27'41.00"	LONDON HEATHROW				
A waypoint can be enabled/disabled by clicking on it (except first two and last two waypoints										
7 fixes, 202 r	nm.									

Airways: EHAM SID GORLO UL980 LOGAN STAR EGLL



WHAT IS A **SID** AND A **STAR**?

A **SID** (Standard Instrument Departure) is a small initial route which leads an aircraft from the runway they've just taken off from to the first point in his/her intended route. An airport usually has a lot of aircraft departing from it's runways. To save confusion (and for safety), a busy airport will publish standard routes from it's runways to the various routes away from that airport. This way a controller can be sure that even if a steady stream of aircraft is leaving the airport they will all be following in a nice neat line, one behind the other (that's the idea anyhow!).

Standard routes are the preferred method to fly from airport to airport. This is why we use a flight plan generator. Arriving at an airport is just the same. The **STARs** (STandard Arrival Routes) are also published in chart form and allow you to fly into an airport using standard procedures. This way, less communication is again needed with the controllers as (once you have declared your intention or been given a route to fly by name) the controller and you both know exactly how you are going to approach the airport. The end of the STAR route will normally leave your aircraft at a position where controllers can give you final instructions to set you up for a landing.

SIDs and STARs are quite similar to highways; they have speed limits and altitude restrictions at certain waypoints to make sure the air traffic is flying safely and on the same trajectory. The FMC (Advanced Flight Management Computer) will automatically try to respect these restrictions.

In other words, you can see SIDs and STARs like road junctions in the sky that lead to other waypoints and airways from or to your desired airport. One airport has many SIDs and STARs.

Typically, SIDs and STARs are provided by the ATC (Air Traffic Controller). Since we're doing a tutorial, I will just give you the SID and STAR to plug in the FMC.





PLANNING THE DEPARTURE - SID

These charts are for the SID (Standard Instrument Departure) from Schiphol (EHAM) to GORLO. We intend to:

 Spawn at Gate F6 (personal preference)

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- Taxi towards <u>runway 09</u> (orientation: 090) using taxiways A16, Bravo (B) and holding point N5.
- Depart from EHAM using the SID from EHAM to GORLO (GORL2N) to a target altitude of 6000 ft (FL060)
- 4. Climb to a cruising altitude of 24,000 ft







PLANNING THE **APPROACH - STAR**

These charts are for the STAR (Standard Terminal Arrival Route) from LOGAN to EGLL. We intend to:

- 1. Come from LOGAN waypoint
- 2. Fly from LOGAN towards the BIG1E arrival route.
- 3. Follow the STAR (BIG1E -> KOPUL -> TANET -> DET -> BIG)
- 4. Select an AIF (Approach Initial Fix) from the FMC database (in our case CI27L) and follow the approach towards the runway, guided by the EGLL airport's ILS (Instrumented Landing System).
- 5. Land at Heathrow (EGLL) on runway 27L (orientation: 270 Left)



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WARNING

BIG

N51 27.0 E000 55.5

- DETLING -H 117.3 DET

N51 18.2 E000 35.8

SANDY

N51 03.9 E001 04.1

Direct distance from BIG to:

Heathrow Apt 21 NM

without ATC clearance.

∧ LOGAN

2.5 E001 08.2

N51 44.9 E001 30.7

NOT TO SCALE

Do not proceed beyond

STAR

PLANNING THE FLIGHT - SUMMARY

So there it is! This is more or less all the information you need to plan your flight!

Flight Plan Input to FMC	Airways: EHAM SID GORLO UL980	LOGAN STAR EGLL	Provided by MouteFinder						
	METAR:								
Departure: EHAM 110225Z 33004KT 8000 NSC 12/11 Q1018 BECMG 7000 Destination: EGLL 110220Z AUTO 03005KT 360V070 9999 OVC009 14/12 Q1023 TEMPO BKN0									
			Provided by CheckWX API						
	F	uel quantity for Boeing 757-200 (Generic)							
		Fuel	Time						
Fuel Quantity Input to EMC	Fuel Usage	7000 lbs	00:52						
(taken from an online fuel planner)	Reserve Fuel	10084 lbs	01:15						
	Fuel on Board	17083 lbs	02:07						
		P	rovided by Fuelplanner.com						

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MCDU/FMC IN A NUTSHELL

Most of the aircraft setup and flight planning will be done with the help of the MCDU, which encompasses various systems such as the FMC system.

MCDU: Multipurpose Control Display Unit

MAIN MENU page:

- FMC -> Flight Management Computer
 - Fundamental component of a modern airliner's avionics. The FMC is a component of the FMS (Flight Management System), which is a specialized computer system that automates a wide variety of in-flight tasks, reducing the workload on the flight crew to the point that modern civilian aircraft no longer carry flight engineers or navigators. A primary function is in-flight management of the flight plan. All FMS contain a navigation database. The navigation database contains the elements from which the flight plan is constructed. The FMS sends the flight plan for display to the Electronic Flight Instrument System (EFIS), Navigation Display (ND), or Multifunction Display (MFD).
- SETTINGS-> Setup various aircraft options

Allows you to configure aircraft equipment installed on your current airframe (like the Original or PIP FMS type) and customize parameters like unit systems.





MCDU/FMC IN A NUTSHELL

- FMC -> Flight Management Computer
 - INIT REF: data initialization or for reference data
 - RTE: input or change origins, destination or route
 - **CLB**: input for climb phase of flight
 - **CRZ**: input for cruise phase of flight
 - **DES**: input for descent phase of flight
 - **DIR INTC**: Direct Intercept allows you to go directly to a desired waypoint
 - **LEGS**: view or change lateral and vertical data for each leg of the flight plan
 - **DEP ARR**: input or change departure and arrival procedures
 - HOLD: create and show holding pattern data
 - **PROG**: shows progression of dynamic flight and navigation data, including waypoint estimated time of arrival, fuel remaining, etc.
 - **FIX**: create reference points (fix) on map display
 - MENU: view the main menu page (see previous page)
 - **PREV PAGE / NEXT PAGE** : Cycles through previous and next page of selected FMC page
 - BRT: knob controls MCDU brightness
 - **EXEC**: makes data modifications active

Sounds complicated? Don't worry, it's much simpler than it looks. We'll see how it works in the tutorial section.





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SPAWN IN COLD & DARK STATE

- 1. Spawn like you normally would at Gate F6 in EHAM (departure airport) in the Boeing 757-200.
 - a) Select the 757-200
 - b) Click CUSTOMIZE and make sure the "Start with engines running" checkbox is not ticked.
 - c) In the LOCATION menu, type EHAM and click on Schiphol.
 - d) Click on LOCATION CUSTOMIZE sub-menu, set the STARTS option to RAMP and select Gate F6.
 - Click CONFIRM e)
 - f) **Click START FLIGHT**







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OPEN DOORS & SET GROUND EQUIPMENT

The Flight Factor 757 comes with two FMC variants: the Original (where things like V-speeds need to be entered by hand consulting a chart) or the PIP (Product Improvement Program), which computes certain parameters for you. To change FMC type, make sure that the aircraft is UNLOADED.

- 2. Prepare the aircraft ground equipment
 - a) Click on the EFB (Electronic Flight Bag)
 - b) Select OPERATIONS AIRPLANE and click on OPEN ALL to open all doors
 - c) Select OPERATIONS GROUND and check if plane is loaded. If it is, we need to unload it.
 - d) Select CHOCKS to set chocks
 - e) Select STAIRS and PASSENGER BUS to prepare passengers unloading. Alternatively, you can use the GATE CONFIG option.
 - f) Select GPU (Ground Power Unit) to connect ground power
 - g) Select FUEL TRUCK to prepare fuel loading.
- 3. Unload aircraft
 - a) Click on LOAD/UNLOAD to unload passengers. This process should take a few minutes. In that time, the "unloading the plane – please wait" message will be displayed.











CHECK FMC EQUIPMENT

The Flight Factor 757 comes with two Flight Management Computer variants: the Original (where things like V-speeds need to be entered by hand consulting a chart) or the PIP (Product Improvement Program), which computes certain parameters for you. To change FMC type, make sure that the aircraft is UNLOADED.

- 4. Install PIP FMC if necessary (aircraft needs to be unloaded):
 - a) Click on the EFB (Electronic Flight Bag)
 - b) In the OPERATIONS GROUND menu, verify that the plane is not loaded. If the "unloading the plane – please wait" message is still there, wait until this message disappears and the unload process is complete.
 - c) Select OPTIONS AVIONICS
 - d) Set PIP FMC option to ON (green)
 - e) Set GPS EQUIPPED option to ON (green)
 - f) Click on SAVE CONFIG







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LOAD UP PASSENGERS, CARGO & FUEL

- 5. Load up passengers, cargo and fuel via the EFB (Electronic Flight Bag)
 - a) Click on the EFB (Electronic Flight Bag)
 - b) Select OPERATIONS GROUND menu
 - c) Set PAX NUMBER to 140 (arbitrary value)
 - d) Set CARGO WEIGHT to 12000 lbs (arbitrary value)
 - e) Set FUEL WEIGHT to 17000 lbs (required fuel estimated in the FLIGHT PLANNING section)
 - f) Click on OPTIMIZE CG to shift cargo and passengers around to ensure the center of gravity is safe
 - g) Click on "LOAD/UNLOAD". Wait until the "Loading the plane, please wait" message disappears. This means the loading process is complete.
- 6. Note the following values resulting from our load:
 - ZFW (Zero Fuel Weight): 172274 lbs
 - GW (Gross Weight): 189274 lbs
 - CG (Center of Gravity): 17 % MAC (Mean Aerodynamic Chord)







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	(LBOEING	757-200	757-200 EFB						
			IONS \bigcirc OPTIONS \bigcirc FAILURES \bigcirc						
	● high press unit	● GPU	💿 passenger bus 🔲 P						
	● stairs	fuel truck	de-ice truck	PULL FO	RWARD)			
	🔘 chocks	 gate config 	ACU	SAVE CC	NFIG				
	● LSU	🔘 waste unit	 loader unit 	LOAD CC	DNFIG				
	loading the plane please wait			MAINTE	NANCE)			
	pax number 140 cargo weight 1bs 1200		/1]	OPTIMIZ	ZECG				
	fuel weight Ibs 170	00			$\overline{}$				
	ZFW lbs 17227	4 8888 <u>8 </u>							
6	CG %MAC 17				2				
	LOAD/UNLOAD	plane is not loaded		SAVE CU	STOM				
	RETOUCHLOAD	5g	CG Optimized	LOAD CU	STOM				

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POWER UP AIRCRAFT

- 7. Confirm that GPU (Ground Power Unit) is plugged in via the EFB (Electronic Flight Bag) OPERATIONS GROUND page.
- 8. On Overhead panel, flip the battery cover and set the BATTERY switch to ON. Then, flip the battery cover back down. Then, set the STANDBY POWER switch to AUTO.
- 9. On Overhead panel, confirm that the "EXT PWR" indication is set to AVAIL
- 10. Click on the "EXT PWR" switch to power the aircraft. Confirm that indication turns to ON.
- 11. Set LEFT BUS TIE and RIGHT BUS TIE switches to AUTO (IN).
- 12. Confirm that the BUS OFF and ISLN lights are extinguished.
- 13. Set LEFT UTILITY BUS and RIGHT UTILITY BUS switches to ON (IN)











START IRS ALIGNMENT

- 14. Engage Parking Brake (aircraft movement can screw up your navigation system alignment)
- 15. On Overhead panel, set all three IRS (Inertial Reference System) switches to ALIGN, and then to NAV by scrolling mousewheel.
- 16. This alignment phase usually takes between 6 and 7 minutes. IRS alignment is complete once a full PFD (Primary Flight Display) and ND (Navigation Display) are displayed on your display units.



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FMC SETUP - UNITS

- 17. Go on MCDU main menu and set aircraft fuel weight units to your desired system (lbs or kg). We will choose Lbs, even though in Europe you would typically use kgs.
 - a) Select SETTINGS
 - b) Select LBS
 - c) You can also confirm that we have the PIP FMC installed
 - d) Return to main MENU. You can either click the LSK (Line Select Key) next to <MENU or press on the MENU button on the MCDU keypad.



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FMC SETUP - POSITION

- 18. Go on FMC (Flight Management Computer) and set initial position for the IRS. We will assume a GPS is installed on the aircraft, which can give us our current position coordinates right away.
 - a) Select FMC
 - b) Select POS INIT
 - c) Type "EHAM" on the MCDU keypad and select LSK (Line Select Key) next to REF AIRPORT since we spawned at Schiphol Airport (EHAM)
 - d) Click on the LSK next to GPS POS line to copy the GPS coordinates to your keypad
 - e) Click on the LSK next to SET IRS POS to paste the coordinates, setting your IRS (Inertial Reference System) your initial reference position.
 - Congratulations! Your aircraft's navigation system now knows f) where you are.

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FMC SETUP - ROUTE

19. Go on FMC (Flight Management Computer) and set aircraft route

- a) In POS INIT menu, select ROUTE menu
- b) Type "EHAM" on the MCDU keypad and click 'ORIGIN" to set EHAM (Schiphol) as your takeoff airport.
- c) Consult navigation chart of EHAM (Schiphol) Airport and find runway from which you will takeoff from (Runway 09).
- d) Type "09" (for Runway 090) on MCDU keypad and click on RUNWAY.
- e) Type "EGLL" on the MCDU keypad and click on "DEST" to set HEATHROW as your destination
- f) Type your flight number (i.e. Flight No. AFR106) on the MCDU keypad and click on FLT NO.







FMC SETUP - WAYPOINTS

NOTE: Flight Plan = **EHAM** SID **GORLO** UL980 **LOGAN** STAR **EGLL** SID: GORL2N STAR: BIG1E

- 20. Go on FMC (Flight Management Computer) and set flight waypoints and airways
 - a) Click on "DEP ARR" (Departure Arrival) and click on "DEP EHAM" to set Schiphol as our Departure Point
 - b) Select Runway 09

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- c) Press the "NEXT PAGE" button until you find GORL2N SID (Standard Instrument Departure). Select SID (Standard Instrument Departure) for GORLO2N as determined when we generated our flight plan.
- d) Select ROUTE menu and click "NEXT PAGE" on the MCDU keypad to select the Airway/Waypoint menu.
- e) Type "UL980" on the MCDU keypad and click on the LSK next to the dashed line on the left column (VIA/AIRWAYS) to set your next Airway.
- f) Type "LOGAN" on the MCDU keypad and click on the LSK next to the squared line on the right column (TO/WAYPOINTS) to set your next Waypoint to LOGAN.
- g) See picture to see the final result. We will enter the approach to Heathrow later while in the air.
- h) Select ACTIVATE and click on EXECUTE

 Airways
 Waypoints

 2/2
 GORLO

 GORLO
 GORLO

 GORLO
 LOGAN

 UL980
 20g

 Z0g
 Activates

 RTE 2
 Activates

 RTE 2
 BR

 UL980
 LOGAN

 UL980
 Z0g



FMC SETUP - WAYPOINTS

NOTE: Flight Plan = **EHAM** SID **GORLO** UL980 **LOGAN** STAR **EGLL** SID: GORL2N STAR: BIG1E

- 20. Go on FMC (Flight Management Computer) and set flight waypoints and airways
 - i) Click on "DEP ARR" (Departure Arrival), then click on the LSK next to INDEX, then click on "EGLL ARR" to set Heathrow as our Arrival Point
 - j) Select ILS 27L as our landing runway

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- k) Select STAR (Standard Terminal Arrival Route) for BIG1E as determined when we generated our flight plan.
- I) Click on EXECUTE on the MCDU keypad to activate your flight plan update





FMC SETUP – WAYPOINT DISCONTINUITIES

NOTE: Flight Plan = **EHAM** SID **GORLO** UL980 **LOGAN** STAR **EGLL** SID: GORL2N STAR: BIG1E

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- 21. Go on FMC (Flight Management Computer) and verify all waypoints and any look for any discontinuity
 - a) Click on "LEGS" and cycle through all different legs pages of the flight using "NEXT" button on FMC.
 - b) There is a route discontinuity between the BIG waypoint of our STAR and the ILS 27L runway.
 - c) Set ND (Navigation Display) Mode selector to PLAN and adjust ND Display Range as required
 - d) Click on STEP until the discontinuity between BIG and CI27L is selected (you should see <CTR> next to BIG).
 - e) You can see visually the discontinuity on the Navigation Display
 - f) Click on the LSK next to the desired approach fix (in our case "CI27L") to copy it on the FMC screen.
 - g) Click on the LSK next to the squared line "THEN" to set approach fix Cl27L in order to fix flight plan discontinuity
 - h) Click on EXECUTE to update flight plan





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FMC SETUP – WAYPOINT DISCONTINUITIES

NOTE: Flight Plan = **EHAM** SID **GORLO** UL980 **LOGAN** STAR **EGLL** SID: GORL2N STAR: BIG1E

- 21. Go on FMC (Flight Management Computer) and verify all waypoints and any look for any discontinuity
 - i) Your flight plan discontinuity should now be replaced with a link directly from BIG to the CI27L Approach Fix.
 - j) Set ND Mode back to MAP









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FMC SETUP – PERF INIT

- 22. Go on FMC (Flight Management Computer) and set aircraft performance parameters
 - a) Select "FMC" menu on the MCDU and press the "INIT REF" button to open the PERF INIT page
 - b) Double-Click on ZFW (Zero Fuel Weight) button to enter the automatically calculated ZFW and auto-fill GR WT.
 - c) Type "10.0" on MCDU keypad and select RESERVES to set reserve fuel weight determined by Fuel Planner tool (10.0 x 1000 for 10000 lbs)
 - d) Set cruising altitude to FL240 (24000 ft) by typing "240" on the MCDU keypad and selecting CRZ ALT.
 - e) Type "100" on MCDU keypad and select COST INDEX (cost index is generally given to you by the airline company, so you shouldn't really care about it within the scope of this simulation)
- 23. Select required Engine De-Rating thrust mode in order to limit your engines' thrust.
 - a) Select TAKEOFF page

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- b) Click on the "TO-1" or "TO-2" EPR Limit to set engine thrust limit. If you want maximum power, select "TO/GA"
- c) You can set an Assumed Temperature of 58 deg C by typing "58" on the MCDU keypad and clicking on the LSK next to SEL or by rotating the TEMP SEL knob. This will automatically set "D-TO-1" (Derated Takeoff) Thrust mode and limit the max engine pressure ratio on takeoff.

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Note: TO, TO-1, and TO-2 are engine de-ratings. De-rating means that the aircraft uses reduced thrust on takeoff in order to reduce engine wear, prolong engine life, reduce fuel consumption, and more importantly comply with noise reduction and runway safety requirements. Airbus aircraft have a similar concept called "FLEX". "Flexible temperature" means that the engine controller will force the engine to behave as if outside air temperature was higher than it really is, causing the engines to generate less thrust since higher air temperatures diminish an aero-engine's thrust generating capabilities. FLEX/De-rating is also known in other companies as "Assumed Temperature Derate", "Assumed Temperature Thrust Reduction" or "Reduced Takeoff Thrust" or "Factored Takeoff Thrust".

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22d

22e

23c

22d

22e

SETTINGS>

TAKEOFF>

INIT PTE CLB CRZ DES

INIT

PERF

7.ØLB SENS

22a

22b

22c

22a

23b

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FMC SETUP – PERF INIT

- 24. Go on FMC (Flight Management Computer) and set TAKEOFF parameters
 - a) Go back to the TAKEOFF page

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- b) Type "5" on MCDU keypad and select LSK next to "FLAPS" to set takeoff flaps to 5 degrees.
- Press the LSK next to REF SPDS SELECT ON to show automatically computed V-speeds c) based on the performance data (weight) we just entered
- d) Observe the resulting V1, VR and V2 speeds resulting of this flap setting and current aircraft weight: <u>V1</u> is the Decision Speed (minimum airspeed in the takeoff, following a failure of the critical engine at VEF, at which the pilot can continue the takeoff with only the remaining engines), VR is the rotation speed (airspeed at which the pilot initiates rotation to obtain the scheduled takeoff performance), and V2 is Takeoff Safety Speed (minimum safe airspeed in the second segment of a climb following an engine failure at 35 ft AGL).
- e) V1 Speed is 130 kts VR Speed is 136 kts V2 Speed is 144 kts
- Click on the LSKs next to V1, VR and V2 to automatically enter computed V speeds. f)
- Click on the LSK next to CG twice to automatically calculate the CG position of 17.0 % MAC, g) or Mean Aerodynamic Chord.
- h) Observe the resulting TAKEOFF TRIM setting: +5.1









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FMC SETUP – VNAV (CLIMB & CRUISE)

- 25. Go on FMC (Flight Management Computer) and set Transition Altitude
 - a) Select "FMC" menu on the MCDU and press the "CLB" button to open the Climb Vertical Navigation page
 - b) Set transition altitude to 3000 ft by typing "3000" on the MCDU keypad and selecting TRANS ALT (as per Europe norms, but you would use 18000 ft in North America).
- 26. Go on FMC (Flight Management Computer) and verify that cruising altitude is correct
 - a) Select "FMC" menu on the MCDU and press the "CRZ" button to open the Cruise Vertical Navigation page
 - b) Confirm that CRZ ALT reads FL240 (24000 ft). If it doesn't, change the field manually.





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TAKEOFF TRIM & HYDRAULIC POWER SETUP

V1 Speed is 130 kts VR Speed is 136 kts V2 Speed is 144 kts Takeoff Trim is +5.1

NOTE: In order to set up our stabilizer takeoff trim, we need hydraulic power. We will use the hydraulic electrically-driven pumps pumps for that.

20. Set RIGHT ELECTRIC HYDRAULIC PUMP switch to AUTO. Wait for the PRESS light to disappear. This pump is electrically-driven.

21. Set CENTER 1 & CENTER 2 ELECTRIC HYDRAULIC PUMP switches to ON. Wait for the PRESS light to disappear for CENTER 1 pump. The PRESS light will still be displayed for CENTER 2 pump since the engines are not started yet and load shedding logic leaves pump 1 functional only before engine start. Both pumps are electrically-driven.

22. Set LEFT ELECTRIC HYDRAULIC PUMP switch to AUTO. Wait for the PRESS light to disappear. This pump is electrically-driven.

23. Verify that LEFT & RIGHT HYDRAULIC PUMP (EDP, or Engine-Driven Pump) switches are OFF. PRESS light should be displayed.

24. Note: both LEFT & RIGHT HYDRAULIC PUMP will need to be turned on eventually, but only after the engines are started.

25. Set Stabilizer Trim to the Takeoff Trim value of +5.1 calculated earlier by the FMC.





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AUTOPILOT & CABIN PRESSURE SETUP

V1 Speed is 130 kts VR Speed is 136 kts V2 Speed is 144 kts Takeoff Trim is +5.1

	EGLL/LHR HEATHROW			2 SEP	JEP II (1	0	Uk 271				
a STRIP 10	*D-A1 113.75 115.1 LOC ILL *109.5	128.07 (A Final Apch C 271	HEATHROW Director 3.07 (APP) 119.72 Final GS Apch Crs D4.0 271° 1400′			HEATHROW Tower 118.5 118.7 121.9 ILS ILL I323') 277' (200')			121.85 /ev 83' Y 77 '	2200.	
BRIEFINC	MISSED APCH: Climb STRAIGHT AHEAD, when passing 1080' or D0.0 ILL, whichever is later, climbing turn LEFT on track 149" to 2000'. When passing D6.0 LON climb without delay to 3000', then as directed. In event of radio failure see 11-6. Alt Set: hPa Rwy Elev: 3 hPa Trans level: By ATC Trans alt: 6000'									MSA LON VOI	R

26. Turn on both FD (Flight Director) switches - UP POSITION

- 27. Turn on A/T ARM (Autothrottle Arm) switch ON (UP)
- 28. Set all VOR switches AUTO

29. Set V2 Speed on MCP (Mode Control Panel) by rotating MCP IAS knob on the glareshield until IAS is set to 144 kts (V2 speed)

- 30. Set HEADING knob to runway QDM (Magnetic) heading 087 as per Jeppesen chart.
- 31. Set BANK ANGLE LIMIT selector AUTO
- 32. As per EHAM SID Chart, set Initial Altitude (FL060, or 6,000 ft) on MCP (Mode Control Panel) by rotating ALTITUDE knob on glareshield until Altitude is set to 6,000 ft
- 33. As per EGLL ILS chart, Heathrow Airport's elevation is 77 ft. Set LDG ALT to 80 ft and Cabin Pressurization Mode to AUTO 1.







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ALTIMETER SETUP

- 34. You can consult the EHAM ATIS (Automatic Terminal Information Service) system with the radio to get the altimeter setting.
 - a) Consult the EHAM chart and find the Schiphol ATIS Frequency (122.200).
 - b) Set VHF-1 COMM ACTIVE radio frequency to the ATIS frequency (122.200).
 - c) Press the L VHF button on the Audio Select Panel to listen on the VHF-1 active frequency.
 - d) You should receive the ATIS automated report on the radio for Schiphol. The reported altimeter setting is 29.94 inches of Hg.
 - e) You can click on the TFR (Transfer) button to set the ATIS frequency to the STANDBY frequency once you have the information you need. You will then stop hearing the ATIS broadcast.
- 35. Set altimeter setting and standby altimeter setting to 2994 (29.94 inches of mercury) by rotating the altimeter BARO knob. Do this for the co-pilot instruments as well. Our altimeters should read roughly 0 ft, which is approximately the airport elevation of EHAM.

Our altimeters show NEG in our case since the setting we are told to use puts us very slightly under 0 ft (minus 3 meters, which is the exact elevation of Schiphol). In this particular case, we don't have to worry; this is expected behaviour.



34d

Schiphol information india. 8 hundred zulu weather. Wind 1 3 0 at 1 8 gust 2 8, visibility more than 10. Sky clear, Temperature 0, dewpoint minus 4. Altimeter 2 9 9 4. Arriving runways 0 6, 0 4, departing runways 0 9, 0 4. Advise on initial contact you have india.



PRE-START

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PLAN

FLIGHT

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PART

DOORS

36. Click on EFB (Electronic Flight Bag) and close doors a) Select OPERATIONS - AIRPLANE menu

b) Click on CLOSE ALL








ENGINE START-UP

NOTE: It is usually common practice to start your engines during pushback. We will start our engines before that for simplicity.





APU (AUXILIARY POWER UNIT) START

- 1. On Overhead Panel, turn ON the LEFT AFT, LEFT FWD, RIGHT AFT and RIGHT FWD Fuel Pump switches. If you press the Center Pumps switches, the PRESS caution means that there is no fuel in those tanks and that the switches can remain to OFF.
- 2. Press the STATUS synoptic page button to monitor APU parameters
- 3. Set and hold APU switch to START to initiate start (scroll mousewheel), then set switch to ON after the RUN light is displayed. The switch springs back to the ON position once the APU is running (around 90 %).











APU (AUXILIARY POWER UNIT) START

- 4. Wait until APU RPM reaches 100 % and RUN light is displayed.
- 5. Set APU GEN switch ON and make sure the EXT PWR indication becomes AVAIL.
- 6. Set the APU BLEED AIR switch is set to ON
- 7. Set the ISOLATION VALVE switch to ON (OPEN).
- 8. Set PACK (Pneumatic Air Conditioning Kit) 1 & 2 switches OFF to ensure enough APU bleed air pressure is available for engine start
- 9. Push "ENG" button to display the Engine synoptic page 10. Set throttle to IDLE (fully aft).

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ENGINE START-UP (ROLLS-ROYCE)

- 11. Raise cover guards for both Left and Right ELEC ENG CONT switches (EEC, Electronic Engine Control)
- 12. Set both Left and Right ELEC ENG CONT switches ON
- 13. Set both Left and Right ENG LIMITER switches ON (ROLLS-ROYCE ENGINES ONLY, NOT PRESENT ON PW ENGINES)
- 14. Confirm that the L ENG LIMITER (RR only), R ENG LIMITER (RR only), L ENG EEC MODE and R ENG EEC MODE indications shown in step 11) are not visible anymore. Confirm that the INOP lights on the switches are also extinguished.













15. Set IGNITION switch to either 1 or 2

- 16. Set Right STARTER switch to GND (Ground Start)
- 17. When Right Engine N3 indication (High Pressure Compressor Rotation Speed) reaches 25 %, set Right FUEL CONTROL switch to RUN (UP). Click twice on the switch to set it to RICH, then RUN. *Note:* for Pratt & Whitney engines, use N2 as a reference instead of N3.
- 18. N1 indication (Fan Speed / Low Pressure Compressor Rotation Speed), FF (Fuel Flow) and EGT (Exhaust Gas Temperature), Oil Pressure and Oil Temperature for Right Engine should increase.
- 19. Right STARTER switch will automatically reset to AUTO once reaching IDLE.
- 20. Right Engine parameters should stabilize at about 22 % N1 and 55 % N3



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- 21. Set Left STARTER switch to GND (Ground Start)
- 22. When Left Engine N3 indication (High Pressure Compressor Rotation Speed) reaches 15-20 %, set Left FUEL CONTROL switch to RUN (UP). Click twice on the switch to set it to RICH, then RUN. *Note:* for Pratt & Whitney engines, use N2 as a reference instead of N3.
- 23. N1 indication (Fan Speed / Low Pressure Compressor Rotation Speed), FF (Fuel Flow) and EGT (Exhaust Gas Temperature), Oil Pressure and Oil Temperature for Left Engine should increase.
- 24. Left STARTER switch will automatically reset to AUTO once reaching IDLE.
- 25. Left Engine parameters should stabilize at about 22 % N1 and 55 % N3

















- 26. Set L GEN CONT and R GEN CONT Generator switches to ON. Then, confirm that the EXT PWR indication is AVAIL
- 27. Set LEFT & RIGHT HYDRAULIC PUMP (EDP, or Engine-Driven Pump) switches ON. PRESS light should disappear. Both pumps are engine-driven.
- 28. Verify that the LEFT & RIGHT UTILITY BUS switches are ON
- 29. Turn OFF ground Power and remove chocks, stairs, fuel truck and passenger bus via the EFB (Electronic Flight Bag)
 - Go in EFB menu OPERATIONS GROUND
 - Remove all ground connections (not green = removed).
 - Confirm that both EXT PWR indication is extinguished

30. Set APU switch – OFF

APU cooldown sequence will begin and shutdown will occur automatically once cooldown sequence is complete.

Note: you can also set the APU GEN switch OFF, but it will automatically be disengaged when APU shuts down.









31. Set LEFT & RIGHT ENGINE BLEED switches are ON
32. Set APU BLEED switch – OFF
33. Verify that the ISOLATION VALVE switch is set to ON
34. Set PACK (Pneumatic Air Conditioning Kit) 1 & 2 switches – AUTO
35. Set TRIM AIR switch to ON
36. Set LEFT and RIGHT RECIRCULATION FAN switches to ON
37. Set FLIGHT DECK Temperature Control Switch to AUTO
38. Set FWD CABIN, & AFT CABIN Temperature Control Switches to AUTO
39. Set WINDOW HEAT switches to ON
40. Verify that EQUIPMENT COOLING switch is OUT (NORMAL)
41. Set Engine Anti-Ice / Wing Anti-Ice – As Required





757-200 PROCEDURE

START-UP

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COMPLETE PRE-FLIGHT

42. Landing Lights switches – OFF Nose Gear Light switch – ON
43. Runway Turnoff Lights switches – ON
44. Navigation Position Lights switch – ON
45. Anti-Collision Red & White Lights switches – ON
46. Wing Lights switch – ON
47. Logo Light switch – ON
48. Set No Smoking Switch – AUTO
49. Set Seat Belts switch – AUTO
50. Emergency Lights – set switch to ARMED and close cover
51. Set Left & Right Yaw Damper switches – ON





COMPLETE PRE-FLIGHT

- 52. Set Transponder frequency to 2200 (IFR standard squawk code). 7000 is used for VFR in most of European airspace and 1200 for VFR in North America.
- 53. Set TCAS (Traffic Collision and Avoidance System) selector to TA/RA (Traffic Advisory/Resolution Advisory)
- 54. Set Weather Radar to WX and press the WXR button if you want to display the weather radar on the Navigation Display.





757-200 } PROCEDURE START-UP 4 PART

COMPLETE PRE-FLIGHT

55. In real life, you would set PACK 1 and PACK 2 switches to OFF to ensure maximal engine performance during takeoff and prolong engine life, but we don't need to in this tutorial.
56. Set Autobrake selector to RTO (Rejected Takeoff)
57. Make sure Speed Brake is OFF (NOT ARMED)
58. Set Flaps lever to 5 as specified in the FMC









PUSHBACK

- 1. Release parking brake
- Begin Pushback via the EFB (Electronic Flight Bag) 2.
 - Select OPERATIONS GROUND menu
 - Click on PUSH BACK ٠
 - Wait for the "pushback truck in operation" ٠ message to appear
 - X-Plane will allow you to control the pushback cart with your throttle. Throttle up to pushback, throttle down to stop. Use your rudder pedals to turn the aircraft.
- 3. When in the desired position, click on PUSH BACK again to disconnect pushback cart.









TAXI

The 757 is steered on the ground by using a tiller. X-Plane allows you to map an axis to the tiller.





Nose Wheel Steering Tiller (used to steer aircraft on the ground)



TAXI

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- Our Flight Number is AFR106 and we spawned at gate F6.
- After we performed pushback from Gate F6, we would typically contact the tower for guidance by saying "AFR106, requesting taxi."
- The tower would then grant you taxi clearance by saying "AFR106, taxi to holding position N5 Runway 09 via taxiways Alpha 16 (A16), Bravo (B).
- This means that we will follow the A16 line, then go to B, then turn right to N5 and hold there until we get our clearance for takeoff.
- Throttle up to maintain a taxi speed of 15 kts maximum. Slow down to a maximum of 10 kts before making a 90 deg turn.

















CRUISE

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CLIMB

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TAKEOFF

1. Arm the LNAV (Lateral Navigation) and VNAV (Vertical Navigation) autopilot modes





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TAKEOFF

- Line up on the runway and make sure parking brake is disengaged, A/T ARM switch is ON, both F/D switches are ON, and all Autopilot CMD switches are OFF
- 3. Press and hold pedal brakes
- 4. Throttle up until engines reach 1.10 EPR and stabilize
- 5. Press the THR switch (or EPR switch on some aircraft) to engage autothrottle and release brakes (alternatively, you can just throttle to max power)







IAS/MACH

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SPD

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HDG



TAKEOFF

- 6. Rotate smoothly and continuously when reaching VR (136 kts) until reaching 15 degrees of pitch angle
- 7. Follow the Flight Director (15 deg pitch)
- 8. Raise landing gear (right click) by setting landing gear lever to UP (up position)
- 9. Once landing gear has been fully retracted, set landing gear lever to OFF (middle position)
- 10. Autobrake switch OFF



LOCK OVRU











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$\overline{\mathcal{O}}$ & **CRUISE** CLIMB

TAKEOFF 1.51 (1) annand frammer (11000)

- 1. When reaching an altitude of 400 ft, engage autopilot by pressing either the CMD LEFT, CMD CENTER or CMD RIGHT button on the MCP. Your aircraft will now follow the "magenta line" on your navigation display automatically since we already armed the VNAV and LNAV modes.
- 2. Make sure the VNAV (Vertical Navigation) and LNAV (Lateral Navigation) autopilot mode buttons on the MCP (Mode Control Panel) are engaged
- 3. Always synchronize your heading using the HEADING knob on the MCP. This will not steer the aircraft, but it is good practice in case you need to engage other autopilot modes quickly.











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4. Once you pass transition altitude (3000 ft in Europe, 18000 ft in the US), switch barometric pressure to STANDARD pressure (29.92 in Hg, or 1013.25 mbar) in order to use flight levels as a reference. This means you will be using a standard barometric pressure of 29.92 in Hg, which is also used by other aircraft in the airspace instead of a local one given by an Air Traffic Controller. If pilots don't use a "standard" barometric pressure, different aircraft may collide in flight since they don't use the same pressure to define their current altitude. This is why higher altitudes are defined as "flight levels" (i.e. FL250 would be 25000 ft).

Note: Don't forget to set the First Officer Altimeter and Standby Altimeters as well or you will get an ALT DISAGREE message on the EICAS.





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CLIMB

This is roughly what should happen during the takeoff & climb.

Note the FMA (Flight Mode Annunciator) readings summarized below.

FLAP SCHEDULING TABLE

TAKEOFF FLAPS	SELECT FLAPS	AT SPEED (KTS)
Flaps 20 deg or 15 deg	5	VREF 30 +20
	1	"F" (VREF 30 + 40)
	UP	"F" (VREF 30 + 60)
Flaps 5 deg	1	"F" (VREF 30 + 40)
	UP	"F" (VREF 30 + 60)
Flaps 1 deg	UP	"F" (VREF 30 + 60)

"F": Minimum flap retraction speed for next flap setting on speed tape



- 5. Once you have sufficient airspeed, set flaps to UP (scroll mousewheel). You can consult the Takeoff Flaps Retraction Speed chart on the previous page as well.
- Confirm that flaps have retracted properly. 6.
- Landing Lights switches OFF 7.
- 8. Nose Gear Light switch – OFF
- Runway Turnoff Lights switches OFF 9.
- 10. Navigation Position Lights switch ON
- 11. Anti-Collision Red & White Lights switches ON
- 12. Wing Lights switch ON
- 13. Logo Light switch ON









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- 14. Once we have reached our first SID target altitude of 6000 ft, vertical autopilot mode will maintain 6000 ft (ALT HOLD mode) unless we set our cruising altitude and engage the VNAV SPD mode.
- 15. We will now begin our climb to our cruising altitude of 24000 ft. Set the ALTITUDE knob on the MCP (Mode Control Panel) to 24000.
- 16. Press (left click) the VNAV button on the MCP to re-arm the VNAV autopilot mode and set new altitude target to the autopilot. Autopilot will now climb to selected altitude using the VNAV SPD mode.







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- 17. The Autothrottle system should automatically select the « CLIMB » thrust limit mode that we select initially (CLB 1).
- 18. You will reach your "TOP OF CLIMB" point at "T/C" on your navigation display for your cruising altitude (24000 ft)








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- 1. When reaching the top of climb, the autopilot will start levelling off.
- 2. Once levelled off to 24000 ft, the vertical autopilot mode will switch to VNAV PTH (Vertical Navigation Path).
- 3. The autothrottle system will automatically set the most efficient throttle setting during cruise.
- 4. You can monitor your progress on the FMC « PROG » (PROGRESS) page and on the « LEGS » page.





CRUISE

- 5. When arriving at the cruising altitude, the Autothrottle system should automatically select the « CRUISE » thrust limit mode (CRZ).
- 6. You can check your cruising altitude and cruising speed on the FMC « CRZ » (CRUISE) page. It will display the CRZ ALT to FL240, or Flight Level 240 (24000 ft) and the ECON SPD (best speed to economize fuel) to Mach 0.684.









Introduction to Autopilot

Many newcomers in the flight simulation world have this idea that the autopilot is the answer to EVERYTHING. And I mean: e-v-e-r-y-t-h-i-n-g. Spoiler alert: it's not. The autopilot is a tool to help you fly to reduce your workload, not a tool to replace the pilot. The autopilot should be seen as a system that can make your life easier.

Now, why am I saying this? Because some people's knowledge of the autopilot system is summed up in "hit LNAV and VNAV, then go watch an episode of Mayday while the aircraft does all the work". However, there are times where the autopilot can disconnect by itself (i.e. during major turbulence, or when the autopilot is trying to follow a flight profile (SID or STAR) that exceeds safety limitations like bank or pitch angles). The autopilot isn't smart: it will put you in dangerous situations if you ask him to. It will "blindly" follow whatever is set in the FMC. If there are conflicts or errors in the FMC's flight plan, the AP will gladly follow them even if they don't make sense. This is why you need to constantly be able to fly the aircraft manually if need be. The autopilot should be seen as a system that can make your life easier. This is why you need to be familiar with the capabilities of the AFDS (Autopilot Flight Director System) and be able to read what the FMA (flight mode annunciator) is telling you.

VERT SPD

Autopilot and Auto-Throttle

The autopilot (AFDS, or Autopilot Flight Director System) is separated in three main components: the flight director, the autopilot itself and the auto-thrust system. Aircraft pitch and attitude will help maintain the aircraft on a certain flight path. The throttle will help maintain the aircraft on a certain speed. Depending on the phase of flight (takeoff, climb, cruise, descent, final approach, etc.), the autopilot will react differently. During a climb, the AP will want to maintain the best, most fuel-efficient climb to save fuel. During a descent, the AP will want to slow down in order to approach the runway in a low-speed high-lift configuration. The Auto-Thrust system will take control over the engines throttles for you: when AT is engaged, you will see the throttle physically move by itself.

The AP has three channels: Left, Center and Right. The only time three autopilot channels will engage simultaneously is during automatic landing (AUTOLAND).

IAS/MACH

A/T ARM

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UTOPILOT 1 ART Δ



Autopilot Parameter Selectors

- IAS MACH Selector: Sets speed input to aircraft autopilot.
- SEL: Selects/toggles airspeed unit (IAS (indicated airspeed) vs Mach), usually used above FL260, or 26000 ft
- Heading Selector: Sets heading input to aircraft autopilot.
- Bank Angle Limit Selector: Sets autopilot bank angle limit
- Altitude Selector: Sets altitude input to aircraft autopilot.
- Vertical Speed (V/S) Selector: Sets vertical speed input to aircraft autopilot.

Autopilot, Flight Director & Autothrottle Selectors

- Auto-throttle (A/T) ARM Switch : Arms A/T for engagement. Auto-throttle engages automatically when FL CH, V/S, VNAV, ALT HOLD modes are used.
- Flight Director (F/D) Switch: Arms flight director
- CMD L/C/R: Engages selected autopilot channel in selected mode.
- DISENGAGE Bar: Disengages autopilot.



<u>Autoflight – Thrust/Speed Modes</u>

- THR: Engages auto-throttle in Thrust (THR) mode (selects climb thrust after takeoff or go-around). Mode inhibited under 400 ft altitude.
- SPD: Engages auto-throttle in SPEED mode (maintains IAS/MACH value in display). Speed Selector knob must be pushed to override the speed target of the FMC.

<u>Autoflight – Vertical Modes</u>

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UTOPILOT

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- VNAV: Vertical Navigation mode will follow the vertical components and restrictions of the flight plan entered in the FMC.
- FL CH (Flight Level Change): Aircraft climbs or descends to selected ALTITUDE at selected IAS/MACH
- V/S: Sets Vertical Speed to selected VERT SPEED.
- ALT HOLD: Aircraft levels off and holds its current altitude.

<u>Autoflight – Lateral Modes</u>

- LNAV: Lateral Navigation mode will follow the lateral components and restrictions of the flight plan entered in the FMC.
- HDG SEL: Heading and Bank Angle selector. Aircraft will roll towards the selected HEADING.
- HDG HOLD: Holds the current aircraft heading.
- LOC: Tracks VHF Ominidirectional Range (VOR) localizer. Aircraft will only be controlled laterally.

<u>Autoflight – Vertical + Lateral Mode</u>

• APP: Tracks localizer and glideslope during approach. Aircraft will be controlled laterally and vertically.

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Autopilot Modes

Button	Description	E
VNAV	Vertical autopilot changes aircraft attitude to follow vertical navigation path determined by the FMS	S
FL CH	Vertical autopilot changes aircraft attitude to climb or descend to selected ALTITUDE at selected IAS/MACH	Т
V/S	Vertical autopilot changes aircraft attitude to hold vertical speed	
ALT HOLD	Vertical autopilot changes aircraft attitude to fly to target altitude	
LNAV	Lateral autopilot tracks navigation flight plan determined by the FMS	
HDG SEL	Lateral autopilot tracks selected heading	
HDG HOLD	Lateral autopilot maintains current heading	
LOC	Lateral autopilot arms DFGS to capture and track a selected VOR or LOC course.	
АРР	Lateral and vertical autopilots track localizer and glide slope targets for approach	
CMD (AP)	Engages Autopilot	
DISENGAGE BAR	Disengages Autopilot	
AUTOTHROTTLE (A/T ARM)	Engages/Disengages Autothrottle	

Button	Description			
SPD	Autothrottle system will adjust thrust to maintain desired indicated airspeed (kts).			
THR	Autothrottle system will adjust thrust to select climb thrust after takeoff or go- around			
VERTIC	AL MODE			
LATERA	AL MODE			
VERTICAL & L	ATERAL MODE			
AUTO-THR	OTTLE MODE			

FMA (Flight Mode Annunciator)

The FMA displays the status of the auto-throttle, roll, pitch, and autopilot systems.

Green annunciation is when a mode is ENGAGED. White annunciation is when a mode is ARMED.



AUTOPILOT

PART

FMA (Flight Mode Annunciator)





1: Autothrot	ttle Mode	2: Pitch Mode		
EPR : displays while autothrottle is controlling engine parameters to select EPR (Engine Pressure Ratio) reference thrust	N1: displays while autothrottle is controlling engine parameters to select N1 (Fan Speed) reference thrust	TO : annunciates by positioning either flight director switch ON when both flight directors are OF. FD pitch bars indicate an initial pitch of 8 deg upwards.	GA : displayed when flaps are out of UP position or glideslope is captured. Commanded speed is the MCP IAS/MACH window or current airspeed, whichever is higher. GA mode armed when pushing the GA switch on the throttle.	
IDLE : displays while autothrottle moves thrust lever to IDLE. IDLE mode is followed by HOLD mode.	SPD : autothrottle maintains commanded speed, which can be set using the IAS/MACH selected or by the FMC flight plan	ALT HOLD : altitude hold mode activated or target altitude is captured	G/S : AFDS (Autopilot Flight Director System) follows the ILS (Instrumented Landing System) glideslope.	
THR HLD : thrust lever autothrottle servos are inhibited. Levers remain in existing position or where manually placed.	GA : displays while autothrottle controls to a max reference thrust to maintain a climb rate of at least 2000 ft/min. GA mode armed when pushing the GA switch on the throttle.	ALT CAP : autopilot transition mode when transitioning from a V/S, FLCH or VNAV climb or descent to selected MCP altitude.	FLARE : during Autoland, aircraft flare activates at 50 ft RA (radar altimeter). Mode Is armed during Autoland, displays below 1500 ft radio altitude.	
FLCH : displays while autothrottle is controlling to a max of the selected mode reference thrust during climb, and to a minimum thrust during descent	FLAP LIM : displays when flap speed limit is approached and MCP selected speed or FMC target speed is set to exceed this limit	VNAV PTH : Vertical Navigation, AP maintains FMC altitude or descent path with pitch commands	VNAV SPD: Vertical Navigation, AP maintains FMC speed with pitch commands	
ALPHA : displays when aircraft is approaching maximum angle of attack speed. However, a safe "alpha" (angle of attack) speed will be maintained by the autopilot pitch channel.	SPD LIM : displays when aircraft speed limit is approached and MCP selected speed or FMC target speed is set to exceed this limit	V/S: autopilot maintains selected vertical speed	FLAP LIM : displays when flap speed limit is approached and MCP selected speed or FMC target speed is set to exceed this limit	
			SPD LIM: displays when aircraft speed limit is approached and MCP selected speed or FMC target speed is set to exceed this limit 154	

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3: Roll Mode	4: Autopilot	5: Autoland
HDG HOLD: autopilot maintains current heading	FD : flight directors are ON and autopilots are not engaged	LAND 3: three autopilot channels engaged and operating normally for an automatic landing
HDG SEL: autopilot maintains heading set on the MCP with the HEADING SELECT knob	CMD: autopilot command is engaged	LAND 2: autopilot redundancy reduced, only two autopilots available
LNAV : activates Lateral Navigation autopilot roll mode, following FMC flight plan		NO LAND 3 (amber) : fault occurs after LAND 3 or LAND 2 annunciates, making AFDS unable to make an automatic landing
LOC: Autopilot captures the localizer course		
ROLLOUT : After touchdown, AFDS uses rudder and nosewheel steering to steer the airplane on the localizer centerline		
TO : annunciates by positioning either flight director switch ON when both flight directors are OFF or in flight at liftoff		
GA : displayed when flaps are out of UP position or glideslope is captured. Roll steering indication provides guidance to maintain ground track present when mode is engaged. GA mode armed when pushing the GA switch on the throttle.		

PLANNING DESCENT

So, you've finally made it all the way up to your cruising altitude? Congrats! Now, we have a bit of planning to do.

First, let's introduce you to the ILS (Instrument Landing System). This system exists to guide you during your approach.

- The Localizer is generally an array of antennas that will give you a lateral reference to the center of the runway.
- The Glide Slope station will help you determine the descent speed you need in order to not smack the runway in a smoldering ball of fire.

And an a state of the Localizer Array Station at Hannover **Glide Slope Station at Hannover** Great video explanation of ILS 90Hz https://www.youtube.com/watch?v=KVtEfDcNMO8 Localizer OM COMPASS LOCATOR OUTER MARKER (When Installed) Lateral Axis





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PLANNING DESCENT

These charts are for the STAR (Standard Terminal Arrival Route) from LOGAN to EGLL. We intend to:

- 1. Come from LOGAN waypoint
- 2. Fly from LOGAN towards the BIG1E arrival route.
- 3. Follow the STAR (BIG1E -> KOPUL -> TANET -> DET -> BIG)
- 4. Select an AIF (Approach Initial Fix) from the FMC database (in our case CI27L) and follow the approach towards the runway, guided by the EGLL airport's ILS (Instrument Landing System).
- 5. Land at Heathrow (EGLL) on runway 27L (orientation: 270 Left)



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PLANNING DESCENT

Final Approach Course: 271

This is the heading you will take when approaching for final landing.

Minimums Decision Height: 200

The minimum "decision altitude" (DA) during landing is also referred to as "decision height" (DH). If you go lower than 277 ft pressure altitude (or 200 ft above ground level), you are committed to land no matter what happens. Above 277 ft (or 200 ft above ground level), you can still miss your approach and go around. The 757 uses a DH setting.

ILS Frequency: 109.50 MHz

This is the ILS system frequency you will track to guide your aircraft for landing.

Missed Approach Standby Frequency: 113.60 MHz

VOR "LONDON" (LON) will be the beacon we will track in case we miss our approach and have to go around.

Missed Approach Procedure

In case we miss our approach, the procedure is to climb straight ahead. When passing 1080 ft, we climb LEFT on heading 149 to 2000 ft. When passing VOR beacon D6.0 LON, we must climb to 3000 ft and wait for instructions from the tower.

Transition Level & Transition Altitude

The transition altitude is the altitude at or below which the vertical position of an aircraft is controlled by reference to altitudes (6000 ft on chart). The transition level is the lowest flight level available for use above the transition altitude. Our transition level is defined "by ATC" (Air Traffic Controller). In that case, a rule of thumb is to add 1000 ft to the transition altitude which give us FL070, or 7000 ft.



Here is a great link to know how to read these charts properly:

https://community.infinite-flight.com/t/howto-read-an-approach-chart/8952

ATIS Frequency: 128.075

The ATIS (Automatic Terminal Information Service) will provide you valuable information including wind direction and speed, and the altimeter setting required for landing.

PLANNING DESCENT

- 1. We have already selected in our FMC our Arrival runway as ILS27L and our arrival STAR "BIG1E" and our Initial Approach Fix "CI27L" at the beginning. Normally, we do this before we begin our approach. See the "FMC SETUP - WAYPOINTS" section.
- On the center pedestal, go on the ILS 2. (Instrument Landing System) panel and tune in the ILS frequency of 109.50 for EGLL (Heathrow) Runway 27L as per the ILS chart.

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3. Set an ILS FCRS (Front Course) of 271 (runway heading for 27L) as per the ILS chart.









PLANNING DESCENT

- 6. We must now define VREF for our desired flap setting (reference landing speed over the runway threshold). Luckily, the FMC (Flight Management Computer) can calculate this speed for us. The only input we need is the aircraft's Gross Weight (Sum of the weights of the aircraft, fuel, crew, passengers, and cargo) when reaching EGLL (Heathrow).
- 7. We will use the following formula to calculate Gross Weight @ Landing:

GW @ Landing = (Current GW) – (Current Fuel – Arrival Fuel) = <u>183,300 lbs</u> Arrival Fuel @ EGLL = 11,100 lbs (see FMC "PROGRESS" page at "EGLL - FUEL") Current Fuel = 12,600 lbs (see TOTAL FUEL QTY indication on overhead panel) Current Gross Weight = 184,800 lbs (see FMC "INIT/APPROACH REF" page at "GROSS WT")







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PLANNING DESCENT

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- 8. On the MCDU keypad, enter the predicted gross weight at landing "183.3" (for 183,300 lbs) and select the LSK next to "GROSS WT" to update the VREF values. You should see them change to lower reference airspeed values.
- 9. Click on the LSK next to "30° 137KT" to copy the VREF speed for a Flaps 30 degrees landing configuration.
- 10. Click on the LSK next to FLAP/SPEED to paste the calculated VREF value.







757-200 LANDING ø **APPROACH** 00 PART

PLANNING DESCENT

- 11. On MCP (Mode Control Panel), set Final Descent Altitude to 2000 ft. The aircraft will not start descending yet because it hasn't reached the T/D (Top of Descent) point.
- 12. Go in the LEGS page of the FMC and make sure that you have enough distance to perform your approach at a 3 deg glide slope. You can use the following rule of thumb: Required Descent Distance = (Altitude x 3)/1000 + (10 nm for deceleration) $= (24000 \times 3)/1000 + 10 = 72 + 10 = 82 \text{ nm}$







0111	ACT RTE 1 LED 234° 10N1 TANET 234° 15N1 DET 274° 9N1 DØ95L 273° 12N1	GS 2/4 299/FL100 240/FL082 250/FL063	000
	316° 11NI CI27L	170/ 3000	
	RTE 2 LEGS	RTE DATA>	

PLANNING DESCENT

- 13. You can consult the EGLL ATIS (Automatic Terminal Information Service) system with the radio to get the altimeter setting.
 - a) Consult the EGLL chart and find the Heathrow ATIS Frequency (128.075).
 - b) Set VHF-1 COMM ACTIVE radio frequency to the ATIS frequency (128.075)
 - c) Press the L VHF button on the Audio Select Panel to listen on the VHF-1 active frequency.
 - d) You should receive the ATIS automated report on the radio for Heathrow Airport. The reported altimeter setting is 29.65 inches of Hg.
 - e) You can click on the TFR (Transfer) button to set the ATIS frequency to the STANDBY frequency once you have the information you need. You will then stop hearing the ATIS broadcast.
- 14. When reaching the transition level of 7000 ft, Set altimeter setting and standby altimeter setting to 2965 (29.65 inches of mercury) by rotating the altimeter BARO knob. Do this for the co-pilot instruments as well.

EGLL/LHR HEATHROW		2 SEP 1	1	
	*D-AT	15	HEATHROW Director	
113,75	115.1	128.07	(APP) 119.72	

	113.75	115.1	128.07	^(APP) 1	19.72	118.5	5 118.7	121.9
G STRP	دن	0C	Fin	a/	GS	5	IL	s
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	10**	9.5	27	1°	1400'	(1323')	277	' (200')

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(11-3) HEATHROW TOWER







London Heathrow information hotel. 7 hundred zulu weather. Wind 230 at 7, visibility 10. Sky conditions 3200 few, Temperature 6, dewpoint 4. Altimeter 2965. Arriving runway 27 right, departing Runway 2 left. Advise on initial contact you have hotel.



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PLANNING DESCENT

- 15. We must now set our transition level in the FMC
- 16. Click on the "DES" FMC page on the MCDU reach Page 3/3: ECON DES.
- 17. Select LSK next to the "FORECAST" menu.
- 18. Type "070" for FL070 (7000 ft) on the MCDU keypad and click on the LSK next to "TRANS LVL".





1. You will automatically start descending when reaching the T/D (Top of Descent) point.

NOTE: Alternatively, you can also start your descent a bit earlier in order to do a smoother descent that will be more comfortable for passengers by using the "DES NOW" mode. This DES NOW mode starts the plane down at a shallow 1000 FPM (feet per minute) until it intercepts the VNAV path. Going from 0 to 1000 FPM is far less noticeable to the passengers than quickly going from 0 to 3000 FPM is. DES NOW is also what you would press if ATC gave you a descent clearance prior to your T/D.

ALTERNATIVE PROCEDURE: When you are about 5-10 nm from the Top of Descent point (T/D), click on the "DES" FMC page on the MCDU, go on Page 3/3 ECON DES, then select LSK next to "DES NOW" and click on the EXEC button on the MCDU.

2. When reaching FL100, set Landing Lights to ON.







- 3. Before you reach the last waypoint of the STAR (BIG), the tower should be able to clear us for open descent to 2000 ft. Once you fly over the Deceleration Point (not visible on this aircraft), your aircraft will start losing speed and will begin your approach.
- Open up the LEGS page on your FMC and look for the speed 4. restriction at BIG. It says that we cannot fly faster than 240 kts.
- 5. Set autopilot speed to 240 by pressing the MCP Speed Button (Speed Intervention), then turning the knob to 240 kts. Confirm that the altitude target is set to 2000.



RTE 1

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JEPPESEN





- 6. Once you are approaching the Approach Fix CI27L, slow down to FLAPS UP Manoeuvering speed of 207 kts (indicated on speed tape by "F") by setting the autopilot MCP SPEED to 207. Commanded Airspeed is shown as a purple bar. If IAS window is blank, click on the MCP SPEED knob to activate the Speed Intervention functionality.
- 7. Set Flaps lever to 5 deg
- 8. Set MCP SPEED to the Flaps 5 Speed (167 kts), as shown on Speed Tape
- Arm LOC (Localizer) switch. You need to be close enough to the localizer station (about 25 nm) for the mode to arm.











- Once you are at least 25 nm from ILS approach (a bit before Approach Fix CI27L), press the "APP" autopilot mode to arm both LOC (Localizer) and G/S (Glide Slope) modes.
- 11. Engage all three autopilot channels (CMD L, CMD C and CMD R).
- 12. Set Flaps lever to 15 degrees
- 13. Once you are at 3000 ft, set MCP SPEED to the FLAPS 15 speed of 147 kts (indicated on speed tape)













DESCENT

- 14. Set Navigation Display mode to APP (Approach) to check for ILS localizer and glide slope. For older models of the aircraft that do not have a modern EFIS panel (as shown), set Navigation Display mode to ILS - EXP instead.
- 15. When LOC (Localizer) is captured, the PFD will indicate in green that the "LOC" autopilot mode is active.





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DESCENT

- 16. Set HEADING knob to 271, which is the runway QDM (magnetic heading)
- 17. When glide slope is captured, the PFD will indicate in green that the "G/S" autopilot mode is active.
- 18. Set Navigation Display mode back to MAP
- 19. Once localizer (lateral guidance) and glide slope (vertical guidance) are both captured, you can now set your autopilot altitude to the Go-Around Altitude of 3000.











FINAL APPROACH

- 1. Once you are at 1500 ft on final approach, set landing gear down.
- 2. Set Flaps Lever to 30 degrees
- 3. Arm Speed Brake
- 4. Set MCP SPEED to the VREF+5 speed of (126 + 5) kts (indicated on speed tape). In other words, set the autopilot MCP SPEED to 131.
- 5. When glide slope is captured, the GA (Go Around) Thrust Limit will be armed automatically as a safety measure to potentially provide all thrust necessary if going around is necessary (aborting landing).
- 6. This landing will be done with the Autoland (LAND3).
 - When flying at 400 ft, the autopilot will switch to LAND mode in order to set the aircraft in a proper altitude and attitude to flare properly.
 - When flying at 50 ft, the autopilot will switch to FLARE mode in order to flare the aircraft to have a smooth touchdown.
 - On touchdown, the autopilot will switch to ROLLOUT mode. This mode will keep the aircraft on the runway centerline.

NOTE: If for some reason you decide to do a manual landing instead, a good procedure is to disconnect the Autopilot switch and the Autothrottle switches and follow the flight director to the runway by flying manually. You will then land the aircraft visually. Don't follow the flight directors to touchdown: they're not designed to provide accurate design past this DH (decision height).

















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757-200 **ANDING** Ì Š **APPROACH** 00 PART

LANDING

- 1. When you hear an audio cue "MINIMUMS", this means you have reached your minimal decision altitude. You are now committed to land.
- 2. At 20 ft, pull up slightly to reduce rate of descent
- 3. At 10 ft, throttle back to IDLE
- 4. On touchdown, push the nose into the ground to improve adherence with the runway and maximize braking (the Autobrake system will already brake for you)









LANDING ø **APPROACH** 00 PART

757-200

LANDING

- 5. Set the throttle at IDLE first, then press the "TOGGLE THRUST REVERSERS" binding. This will link your throttle axis to the thrust reverser lever axis.
- 6. Move your throttle forward to move the thrust reverser lever AFT. This will illuminate the REV lights and engage thrust reversers to MAX REV. Deploy thrust reversers until you slow down enough to vacate the runway safely.
- 7. Once landed safely, set your throttle back to IDLE and press the "TOGGLE THRUST REVERSERS" binding again to reset your throttle axis.
- 8. Retract flaps and throttle up to taxi towards parking spot.














